

Siddheshwari Peetham Pournima Sadhana

PURNIMA VISHESHA PUJA

శ్రీ మా సిద్ధేశ్వరి ఫౌండేషన్

SRI MAA SIDDHESHWARI FOUNDATION

The Cosmic Timing: Pournima and the 16 Kalas

Pournima (the Full Moon) is the zenith of the lunar cycle. On this night, the moon is complete with all 16 Kalas (phases or digits of light). In Sri Vidya, the moon is intimately connected to the mind (Manomaya Kosha) and the subtle body's energetic tides.

Peak Radiance: Because the macrocosm (nature/Prakriti) is fully illuminated, the microcosm (your body) is also holding its maximum capacity of positive Prana.

Prakriti and Gayatri: Nature is at its most potent, expansive state. To harness this, the sadhana utilizes the Gayatri meter. Gayatri is the ultimate acoustic structure for drawing in pure light and aligning your personal frequency with the supreme natural order. Through this, you achieve Vasheekarana—the effortless, magnetic attraction of divine grace, joy, and abundance into your life.

The Siddheshwari Gayatri Mantra Breakdown

This specific Gayatri mantra weaves the three supreme seed syllables (Bijas) of Goddess Bala Tripura Sundari into the traditional Gayatri format, transforming it into a massive engine of positive manifestation.

Aim siddheshwari rupaya vidmahe |
kleem trishakti swarupaya dheemahi |
sauh tanno shakti prachodayat

AIM (ఐం) – The Aishwarya Beeja: This is the seed of pure, awakened intelligence and supreme spiritual wealth. It brings crystal-clear clarity to the mind and attracts absolute abundance and harmony into your physical reality.

KLEEM (క్లీం) – The Kamaraja Beejam: The ultimate magnetic seed of divine desire and Vasheekarana. It draws profound joy, favorable circumstances, and the absolute highest frequencies of love and positive attention directly into your aura.

SAUH (సౌః) – The Para Beeja: This is the seed of pure spiritual nectar. It acts as a massive amplifier of radiant light, completely saturating your mind, body, and spirit with supreme positive energy and unshakeable inner peace.

The Direction of Flow: The Descent of Grace

One of the most striking instructions Swami gave you is the shift in energetic direction: "No need for muladhara. We go from top to bottom, starting from Sahasraram."

Why Top-to-Bottom? On a normal day, a sadhaka must work hard to pull energy upward from the base (Muladhara). But Pournima is a day of absolute cosmic outpouring. The lunar nectar (Amrita) is already full and heavy at the crown.

The Receptive Vessel: By starting your focus at the Sahasrara (the thousand-petaled lotus at the crown of the head), you are acting as an open, receptive vessel. You simply allow the blissful, positive energy of Siddheshwari (in her joyful, innocent form as Bala Tripura Sundari) to cascade downward, bathing every single cell of your body in pure light. It requires no force, only surrender and receptivity.

The Sankalpa and Manasika Puja

Because the body is flooded with peak internal energy, external physical rituals (Vigraharadhana) are bypassed in favor of internal, mental worship (Manasika Puja). The mind is so powerful on Pournima that your mental visualization of the Abhishekam creates a literal energetic reality.

Manasika Puja Details

Guru Puja

Om Vam Vishwanandaya Namaha

Chant the above Mantra with deer mudra 27 times

Panchopachara Puja

Om Siddheshwari Para Devatayai Namaha - Gandham Samarpayami

Om Siddheshwari Para Devatayai Namaha - Pushpam Samarpayami

Om Siddheshwari Para Devatayai Namaha - Dhupam Samarpayami

Om Siddheshwari Para Devatayai Namaha - Deepam Samarpayami

Om Siddheshwari Para Devatayai Namaha - Naivedyam Samarpayami

Yadha Shakti Siddheshwari Gayathri Mantra Japam

Aim siddheshwari rupaya vidmahe |
kleem trishakti swarupaya dheemahi |
sauh tanno shakti prachodayat